The Impact of Multiple Intelligences on Learning Outcomes in Fencing Curriculum

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Abstract

This research aims to develop an educational program using multiple intelligences in fencing curriculum for students in Faculty of Physical Education for Girls and identify: impact of this program on cognitive achievement; skill performance, and emotional side; all for fourth grade students, Education Division in the fencing curriculum, Identify differences in learning outcomes for fencing curriculum according to intelligence patterns. Researcher used experimental approach. Research sample were (70) student divided randomly into (20) student of pilot study, (25) students of experimental group, (25) students of control group which taught in traditional way. Researcher used multiple intelligences indicator list, cognitive test, skill evaluation form and educational program based on multiple inelegance theory as research tools. Results revealed that: Teaching strategies based on multiple intelligences patterns and to experimental group have positive effect on knowledge acquisition and skills performance and the emotional side of fencing curriculum. Linguistic and kinesthetic intelligence patterns contributed in fencing curriculum cognitive achievement. Kinesthetic and visual spatial intelligence patterns contributed in fencing skill performance. Social intelligence pattern contributed in emotional side of fencing skills

I. Introduction:

Learning process occurs as a result of interaction between learning environment including curricula, teaching methods, and aids on one hand, and between the learner's preparations and his mental and personality traits on the other. That is why the teachers understanding and applying learning theories is one of the basic requirements for effective teaching, it helps teacher to choose suitable teaching methods and strategies which suits the learner, even so many teachers neglect this, as they focus on the scientific material only, without considering learners individual differences. (Osman Hassan, 2002:7)

Learners individual differences affect their temperament, interests, and preferred patterns of learning, which they learn faster through it. It is important that students consider their individual differences and their awareness, minds, need and reality (Kawsar Koujak , 2001: 353) (Osman Hassan:15).

Jaber Abdel-Hamid (1997) argue that teacher’s positive work must be based on one or more learning theories, and that successful teaching lies in learning theory selection, (Jaber Abdel-Hamid,1997: 4). Researcher believes that choosing teaching method and theory appropriate to recipient make him positive participator.

This research adopt Howard Gardner’s multiple intelligences theory, which has emerged in (1983) in a book entitled " Frames of Mind" by Howard Gardner, who started research on this subject in Harvard University, with group of researchers to explore human intellectual’s potentials, Gardner viewpoint was that intelligence is a range of skills enabling the person to solve real problems in life, or add a new valued product in one or more of the cultural frames. (Gardner,1993: 60)

Kawsar Koujak (1995), quoting from Gardner, that every individual is capable of knowing world around him through different ways and methods called human multiple intelligences, i.e. knowing the world through language, mathematical logic, spaces estimation, music thinking, using his body to solve problems, or in
making some things, as well as in understanding the rights of others, and individuals divergence is a result for differences strength of each type of intelligence, and in method of these intelligences overlapping and interaction when solving a problem or doing something. (Kawsar Koujak, 1995: 205)

Gardner (1999) divides intelligence, according to this theory to seven basic patterns: linguistic, mathematical logical, spatial, kinesthetic, musical rhythm, social and personal intelligences, and these patterns show that intelligence is not monolithic; and difference between individuals not in their intelligence degree, but in the intelligence patterns, and patterns may not be equal in individual, but it is possible to strengthen weaknesses through training and teaching. (Gardner, 1999: 2)

Armstrong (2000) noted that some individuals have very high levels in some or most of these patterns, and others appear to have a severe shortage in most or some of these patterns, most individuals is located between these two points. (Armstrong, 2000: 1)

Multiple intelligences theory is one of most powerful influences behind education change throughout the modern world, offering us a scientific and flexible framework to achieve educational objectives. According to Abdel Meguid Nchoati (1996) multiple intelligences theory is useful and positive, especially in education field, As individuals differs in terms of their affiliations and beliefs, values and personalities, they also may differ in intelligence patterns which opens the way for educators to invest, develop and take care of all mental activities that these individuals owns. (Abdel Meguid Nchoati, 1996: 115 116).

Multiple intelligences is a scientific and effective tool, where educational plans vary and help learners who have difficulty in understanding to learn. help teacher for deep understanding of each learner preference, skills, and abilities, and provide learners with variety learning ways suits their intelligence patterns, and thus make learners more interested in education. (Kieran Egam, 2003: 4-5).

Multiple intelligences theory can be used to solve weaknesses of teaching methods, where it is characterized by modality in organizing and applying teaching innovations, and stimulate learner’s inactive brain (Armstrong, 2000: 48).

Funderstanding foundation (2001) noted that multiple intelligences affects learning through three basic elements: Curriculum: as it make curriculum balance in terms of integration of the arts, social networking, and self-awareness; Teaching Methods: which should take into account intelligence patterns; Evaluation: where evaluation methods should take into account multiplicity of intelligences in addition to self-assessment methods that help individuals to understand their intelligence. (Funderstanding, 2001: 2.)

Mohammad Yousuf (2002) defines learning style as "the way employed by student to acquire knowledge." It is noteworthy that each student has his own way of learning, and confirms the existence of more than one method of learning (Mohammad Yousuf, 2002:1). Saada Khalil (2005) argue that learners’ styles are the basis for learning construction, and emphasizes the discovery of how people learn, how they recognize informations, how they use their knowledge to balance between learning styles and personal achievement. All this aiming to allow students to take responsibility for educating themselves with good pedagogical guidance (Saada Khalil, 2005: 4).

Researcher is in the opinion that knowing student’s intelligent pattern is of great importance to know his suitable education style; which may be used as basis for selection of fencing curriculum teaching strategies, which suits each intelligence type, where it is necessary to choose strategies that make student keen to learn and enjoy learning, allowing student to achieve the best results.

Modern fencing is a sport activity which has a sports, social, psychological, educational objectives, as it is practiced according to certain laws and regulations governing the confrontation between competitors without any intervention other than from fencing ethics, honor and honesty. (Fatnat Gabriel et al, 2012: 21)

"Fredrek Semoi" argue that fencing is characterized by deception in confrontation, Fencer knowing his abilities and competitor appreciation are important during competition,
It is motor intelligence sport as fencer use his intelligence in both offensive or defensive skills, which should not be done randomly, but as a result of special mental capabilities enable him to achieve best levels. (Fredrek Semoi, 1996: 15)

Fencing curriculum combines numerous experiences and activities offered by Faculty of Physical Education for Girls, under the supervision and guidance of lecturer aiming to improve some learning outcomes and to achieve educational goals.

Ahmed Hussein Allaqany, Aly Ahmad Algamal (1999) define learning outcomes as all learning aspects can be obtained by the learner, whether in one or several situations or as a result of curriculum study, variety of learning aspects is an evidence of teacher efficiency who was able to plan and implement these experiences (Ahmed Allaqany et al,1999: 202).

Nader Fahmy et al (1999) defines learning outcomes as the changes in learner behavior as a result of learning process, for example adding new information to learner, or acquire specific skills in specific field or develop certain concepts and trends. (Nader Fahmy et al,1999: 131).

Zeinab Mohamed defines learning outcomes as learners final grasping as result of learning process, that determines the effectiveness of educational system towards fulfilling its objectives through the evaluation process, which help to identify weaknesses and strengths and overcome it (Zeinab Mohamed, 2000:56). While Abdul Azim Abdul Salam (2002) defines it as the output which teacher can through it determine assumptions and proposals that help to improve and develop learning process (Abdul Azim Abdul Salam,2002 :77).

Nowadays teaching need more strategies to help learners to enrich their knowledge and develop different mental skills, and multiple intelligences theory open the way for multiple teaching strategies which can be applied easily, according to this theory no specific teaching strategies set is able to work effectively with all learners at all times, due to multiplicity of learners’ intelligence patterns and abilities, through these strategies it is possible to implement interaction and integration between students’ intelligent patterns which help in achieving fencing learning objectives, hence it is necessary to provide many teaching strategies to give students the opportunity to use their intelligence patterns.


Based on the above, was the thinking in teaching fencing curriculum based on this theory referred to above. As most of previous studies and researches have focused on using multiple intelligences theory in classroom and applied practice, confirms that there is a strong relationship between multiple intelligences and learning process, use of the theory enabled learners to develop their individual capabilities, despite of the multiplicity and diversity of studies that focused on reality and application of multiple intelligences theory, researcher couldn’t come across any study dealt with fencing teaching using this theory. The researcher stresses on necessity of multiple intelligences theory use and identify its impact on learning outcomes, this research is the first of its kind in fencing teaching based on foundations and principles of this theory that can contribute positively to fencing learning outcomes and even all the education areas in Faculty of Physical Education for Girls Alexandria, and she hopes that will encourage students to use their strengths as a springboard to take advantage of their intelligence pattern, which can have a large impact in the redevelopment and modernization of educational system in general.
II Research objectives

This research aims to develop an educational program using multiple intelligences in fencing curriculum for students in Faculty of Physical Education for Girls and identify:

1- The impact of the program using multiple intelligences on cognitive achievement of fourth grade students, Education Division in fencing curriculum.

2- The impact of the program using multiple intelligences on skill performance of fourth grade students, Education Division in fencing curriculum.

3- The impact of the program using multiple intelligences on emotional side of fourth grade students, Education Division in the fencing curriculum.

4- Differences in learning outcomes for fencing curriculum according to intelligence patterns.

III Hypotheses

1- There are significant differences between experimental and control groups in post measurement of cognitive achievement in favor of experimental group.

2- There are significant differences between experimental and control groups in post measurement of skill performance in favor of experimental group.

3- There are significant differences between experimental and control groups in post measurement of emotional side in favor of experimental group.

4- There are significant differences between the patterns of intelligence of students and learning outcomes in the fencing material.

IV - Research plan

Research Methodology: Researcher used experimental approach because of its relevance to research nature.

Research community: Research community represented in the fourth grade students, "Division of Education," Faculty of Physical Education Girls "Alexandria University" for the academic year (2011/2012) at second semester, where total students number, according to college records is (85) students.

Research sample: After exclusion of absent students and players, students in the sample were (70) student has been divided randomly into (20) student of pilot study, (25) students of experimental group, (25) students of control group which taught in traditional way. In pre-measurements homogeneous between experimental and control group was checked regarding: basic variables (chronological age - height- weight) motor skills tests (appendix 2); Fencing curriculum cognitive test (appendix 3); Evaluation of fencing curriculum skills’ performance level (appendix 4); multiple intelligences indicators list for fencing(appendix 5), Fencing curriculum trends scale (appendix 6)

1 – basic variables and motor skills: for both research group chronological age was recorded to nearest year, height to the nearest cm, weight to the nearest kg, most important physical abilities, and abilities tests obtained by referring to Mohammad Allawi, Nasreddin Radwan (1994), Mohamed Hassanein (1999), Ghada Omar (2009), Wafaa Darwish and Ghada Omar (2011 ), tests previously standardized in these studies.

Table (1): Significance of differences between Experimental and Control group in Anthropometric measurements and motor abilities tests

<table>
<thead>
<tr>
<th>Measurement/test</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Anthropometric</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Height</td>
<td>153.773</td>
<td>6.005</td>
<td>154.882</td>
</tr>
<tr>
<td>Wight</td>
<td>67.038</td>
<td>8.467</td>
<td>68.415</td>
</tr>
<tr>
<td></td>
<td>Age</td>
<td>SD</td>
<td>T value</td>
</tr>
<tr>
<td>---------------</td>
<td>----------</td>
<td>----------</td>
<td>---------</td>
</tr>
<tr>
<td>Motor abilities tests</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>coordination</td>
<td>20.025</td>
<td>0.841</td>
<td>19.633</td>
</tr>
<tr>
<td>Flexibility</td>
<td>5.845</td>
<td>1.375</td>
<td>5.643</td>
</tr>
<tr>
<td>Agility</td>
<td>10.988</td>
<td>4.516</td>
<td>10.798</td>
</tr>
<tr>
<td>Legs power</td>
<td>11.433</td>
<td>0.667</td>
<td>11.214</td>
</tr>
<tr>
<td>Arms power</td>
<td>1.644</td>
<td>0.227</td>
<td>1.64</td>
</tr>
<tr>
<td>Muscle endurance</td>
<td>6.207</td>
<td>0.812</td>
<td>5.918</td>
</tr>
<tr>
<td>Accuracy</td>
<td>11.305</td>
<td>1.604</td>
<td>10.925</td>
</tr>
<tr>
<td>Reaction speed</td>
<td>2.47</td>
<td>0.432</td>
<td>2.375</td>
</tr>
</tbody>
</table>

Table (1) reveals no significant differences, so both groups are homogeneous.

2 – Cognitive test: Researcher built and designed the test in her doctoral dissertation (2009) (Ghada Omar, 2009) and re-standardized it by presenting it to a group of experts (appendix 1) to ascertain its representing the goals which set for it, all required amendments done. Test validity: Researcher used discrimination validity by comparison between top and bottom quarters.

Table (2) Significance of differences between top and bottom quarters or cognitive test

<table>
<thead>
<tr>
<th>Test</th>
<th>Top quarter (n=5)</th>
<th>Bottom quarter(n=5)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Cognitive test</td>
<td>85.526</td>
<td>3.851</td>
<td>63.158</td>
</tr>
</tbody>
</table>

* Significant at 0.05 level (T sig. = 2.18)

Table (2) reveals significant differences between top and bottom quarters, which indicates that the test is valid and distinguishes between different levels.

Test reliability: Researcher applied and re-applied the test on sample of (20) students other than main study sample in the period 12/2/2012 to 16/2/2012 and calculated Cronbach alpha reliability coefficient to determine correlation between the first and second test.

Table (3) Reliability coefficient for cognitive test aspects

<table>
<thead>
<tr>
<th>Aspect</th>
<th>Cronbach alpha</th>
<th>Aspect</th>
<th>Cronbach alpha</th>
</tr>
</thead>
<tbody>
<tr>
<td>I (Physical aspect)</td>
<td>0.962</td>
<td>II (Technical-skill aspect)</td>
<td>0.863</td>
</tr>
<tr>
<td>III(Tactical-planning aspect)</td>
<td>0.896</td>
<td>IV (Teaching – learning methods aspect)</td>
<td>0.928</td>
</tr>
<tr>
<td>V (Law aspect)</td>
<td>0.899</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table (3) reveals that Cronbach alpha reliability coefficient are near to one which mean test high reliability.

3- Fencing skills performance evaluation form (appendix 4): Researcher prepared this form to assess Fencing skills performance level by surveyed experts opinion (appendix 1) to make sure of students correct assessment, correct motor skills’ phases performance, marks appropriate to each performance between 19/2/2012 to 23/2/2012, the necessary adjustments were made, the form represented to experts after adjustment, form applied on (20)
students represent pilot study sample for checking validity and reliability.

Table (4) Significance of differences between top and bottom quarters of skill performance evaluation form

<table>
<thead>
<tr>
<th>Mean</th>
<th>SD</th>
<th>Mean</th>
<th>SD</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td>71.75</td>
<td>4.741</td>
<td>62.485</td>
<td>4.691</td>
<td>9.874*</td>
</tr>
</tbody>
</table>

* Significant at 0.05 level (T sig. = 2.18)

Table (4) reveals significant differences between top and bottom quarters, which indicate that the form is valid and distinguishes between different levels, Cronbach alpha reliability coefficient for the form were 0.913 which means high form reliability.

4- Multiple Inlegancies indicators list:

Objectives of list preparation: to document the relationship between fencing curriculum and indicators associated with each type of intelligence to be used in pre and post measuring within research procedures, as well as to determine the extent of activation of indicators employed in field of fencing by use of teaching strategies based on multiple intelligences theory.

List preparation Steps:

To determine list patterns and wording its indicators, researcher referred to what studied in first grade from knowledge, information, skills and objectives, get out a set of indicators for fencing curriculum which has been classified and listed under each intelligence type, initial list included (69) behavioral indicator.

The researcher considered the following while wording indicators: Selecting clear and easy understanding verbs which easily can be associated to intelligence patterns; adopting principle of diversity in cognitive, practical and emotional aspects which indicators build upon it in fencing subject.

Standardizing the list

Content Validity: To verify list validity, researcher used content validity (experts validity), where she presented the list in its initial form to group of experts (appendix 1), then made all adjustments required by them, final list consisted of (64) indicator, distributed in six aspects related to intelligence types

Internal consistency: Researcher verified internal consistency by calculating the correlation of each indicator with its aspect (intelligence type)

<table>
<thead>
<tr>
<th>Indicator No</th>
<th>Aspect</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
<th>17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Linguistic</td>
<td>0.51</td>
<td>0.61</td>
<td>0.45</td>
<td>0.54</td>
<td>0.48</td>
<td>0.51</td>
<td>0.65</td>
<td>0.57</td>
<td>0.49</td>
<td>0.52</td>
<td>0.75</td>
<td>0.60</td>
<td>0.5</td>
<td>0.61</td>
<td>0.52</td>
<td>0.87</td>
<td>0.65</td>
<td>2*</td>
</tr>
<tr>
<td>Mathemtical</td>
<td>0.48</td>
<td>0.48</td>
<td>0.52</td>
<td>0.66</td>
<td>0.54</td>
<td>0.60</td>
<td>0.66</td>
<td>0.75</td>
<td>0.48</td>
<td>0.51</td>
<td>0.51</td>
<td>0.87</td>
<td>0.5</td>
<td>0.61</td>
<td>0.52</td>
<td>0.87</td>
<td>0.65</td>
<td>2*</td>
</tr>
<tr>
<td>Visual Spatial</td>
<td>0.78</td>
<td>0.51</td>
<td>0.78</td>
<td>0.57</td>
<td>0.62</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>0.65</td>
<td>2*</td>
<td></td>
</tr>
<tr>
<td>Kinesthet ic</td>
<td>0.52</td>
<td>0.61</td>
<td>0.52</td>
<td>0.48</td>
<td>0.48</td>
<td>0.72</td>
<td>0.62</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>0.46</td>
<td>2*</td>
<td></td>
</tr>
</tbody>
</table>
Table (5) reveals that all correlation coefficients between indicators and intelligence patterns are significant, indicating list validity.

Multiple Intelligences List’s reliability:

Table (6) Reliability tests for multiple intelligences indicators list

<table>
<thead>
<tr>
<th>Intelligence type</th>
<th>Reliability coefficients</th>
<th>Linguistic</th>
<th>Mathematical</th>
<th>Visual Spatial</th>
<th>Kinesthetic</th>
<th>Musical</th>
<th>Social</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>0.856</td>
<td>0.879</td>
<td>0.961</td>
<td>0.961</td>
<td>0.975</td>
<td>0.856</td>
</tr>
</tbody>
</table>

Table (6) reveals that multiple intelligences indicators list have high reliability coefficients.

5 - Fencing curriculum trends’ scale (appendix 6): Researcher has prepared student trends scale towards fencing curriculum, with 29 Statement to be answered on triple scale (3 agree, 2 to some extent, 1 not agree). Researcher presented the scale to experts (appendix1), they approved statement with percentage of 100%.

Trends scale validity and reliability: The researcher applied the scale on pilot sample (20 students) other than main study sample on 26/2/2012

Table (7) Trends scale validity and reliability coefficients

<table>
<thead>
<tr>
<th>Cronbach alpha</th>
<th>Self validity (reliability’s square root)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.961</td>
<td>0.980</td>
</tr>
</tbody>
</table>

Table (7) reveals high validity and reliability for trends scale

Research groups’ homogeneous in pre-measurement:

Table(8) Groups homogeneous in cognitive test

<table>
<thead>
<tr>
<th>Aspect</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>I (Physical aspect)</td>
<td>1.793</td>
<td>0.382</td>
<td>1.793</td>
</tr>
<tr>
<td>II (Technical-skill aspect)</td>
<td>16.141</td>
<td>2.244</td>
<td>16.66</td>
</tr>
<tr>
<td>III(Tactical-planning aspect)</td>
<td>8.947</td>
<td>1.323</td>
<td>9.869</td>
</tr>
<tr>
<td>IV (Teaching – learning methods aspect)</td>
<td>18.493</td>
<td>3.038</td>
<td>18.914</td>
</tr>
<tr>
<td>V (Law aspect)</td>
<td>8.722</td>
<td>1.401</td>
<td>7.938</td>
</tr>
</tbody>
</table>

T sig. at 0.05 = 2.011

Table (8) reveals that there are no statistically significant differences between both groups in cognitive test.
Table (9) Groups homogeneous in skill test results

<table>
<thead>
<tr>
<th>Variables</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Basic skills</td>
<td>25.74</td>
<td>0.795</td>
<td>29.494</td>
</tr>
<tr>
<td>Simple attack</td>
<td>20.588</td>
<td>0.872</td>
<td>19.44</td>
</tr>
<tr>
<td>Compound attack</td>
<td>17.01</td>
<td>0.913</td>
<td>17.577</td>
</tr>
<tr>
<td>Skills total</td>
<td>63.338</td>
<td>1.54</td>
<td>66.511</td>
</tr>
</tbody>
</table>

T sig. at 0.05 = 2.011

Table (9) reveals that there are no statistically significant differences between both groups in skill test results.

Table (10) Groups homogeneous in trends scale

<table>
<thead>
<tr>
<th>Variables</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Trends scale</td>
<td>57.572</td>
<td>0.918</td>
<td>52.345</td>
</tr>
</tbody>
</table>

T sig. at 0.05 = 2.011

Table (10) reveals no statistically significant differences between both groups in trends scale.

Table (11) Groups homogeneous in multiple intelligences indicator list

<table>
<thead>
<tr>
<th>Aspects</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Linguistic intelligence</td>
<td>32.5</td>
<td>4.78</td>
<td>31.56</td>
</tr>
<tr>
<td>Logical / Mathematical intelligence</td>
<td>18.75</td>
<td>4.15</td>
<td>19.58</td>
</tr>
<tr>
<td>Visual / Spatial intelligence</td>
<td>15.32</td>
<td>5.345</td>
<td>16.09</td>
</tr>
<tr>
<td>Bodily/ Kinesthetic intelligence</td>
<td>21.98</td>
<td>3.471</td>
<td>22.19</td>
</tr>
<tr>
<td>Musical intelligence</td>
<td>25.37</td>
<td>3.287</td>
<td>26.157</td>
</tr>
<tr>
<td>Social intelligence</td>
<td>25.91</td>
<td>4.152</td>
<td>26.231</td>
</tr>
</tbody>
</table>

T sig. at 0.05 = 2.011

Table (11) reveals no statistically significant differences between both groups in multiple intelligences indicators list.

**Research tools**

1 - Educational program using multiple intelligences (appendix 7, 8)

Program overall objective: Impact of multiple intelligences on fencing curriculum learning outcomes

**Bases of designing the program**

a – Program is based upon fencing curriculum overall objective.
b - Setting goals for cognitive achievement.
c - Setting goal for psychomotor side.
d - Program flexibility and its applicability in practice.
e - Program should achieve students’ integrated preparation in terms of knowledge, skill and emotive sides.
f – Considering students’ individual differences,
g – Progression from easy to difficult.
h – Considering safety and security factors.

Educational Program designing steps using multiple intelligences: By referring to scientific literature and studies as Nashaat Mohammed (2010), Ahmed Farouk, Mahmoud Hussein (2008), Manal Mohamed (2005), Mohammed Hamid (1991), Awad Bstawe (1990) researcher was able to determine the following:

- How to prepare daily lessons in terms of daily lesson plan, planning lesson presentation, identify lesson objectives, identify teaching strategies, determine educational media, educational enrichment activities, and evaluation methods.

- The researcher took into account to include in fencing lesson plan lesson number, time, objectives and content, intelligence type, strategies used, teaching aids, procedures, enrichment activities in both theoretical and practical lessons.

- Theoretical lesson time is (90) minutes / one lecturer per week i.e. 12 lesson over 12 weeks.

- Practical lesson time: (5) minutes administrative work, (10) minutes general physical preparation (warm up), (10) minutes of special physical preparation for strengthen muscle to work with skill to be learned, (30) minutes educational part using multiple intelligences, (30) minutes practical part to master the skill to be learned using multiple intelligences, (5) minutes cool down to prepare body to return to natural state.

- Taking into account preparing students minds for scientific content at lesson beginning by recalling prior learning requirements and review it, giving students opportunity discover lesson subject, present lesson, raising their concern and motivation, present lesson objectives clearly, organize ideas and information.

- Lesson objectives are clear and not open to many meanings and interpretations, each objective relate to specific learning outcome.

- Considering Logical order in fencing curriculum content (appendix 7, 8)

- For each lesson strategies suit to fulfill its objectives determined, each lesson includes number of strategies correspond to students intelligence patterns, researcher diversified theses strategies as she viewed multiple intelligences patterns as different approaches to provide educational experience..

- Researcher used (brainstorming - encourage learners to discover things themselves - imagination and perception - motor concepts - musical memory activation - cooperative groups) strategies which can be applied within lesson allocated time, and could be flexible depending on classroom circumstances.

- Researcher considered selecting educational media which can be provided or produced within available facilities, and which also should suit lesson content.

- Researcher focused on determining educational enrichment activities to be precisely linked to educational objectives.

- To ensure fencing lesson effectiveness, researcher selected evaluation methods help to measure students progress in all curriculum objectives..

2 - Fencing curriculum cognitive test (appendix 3) :The researcher checked the test on pilot sample of (20) student in order to determine suitable test time ; estimating test marks. Test time determined as average time taken by students and amounted to (45) minutes, researcher prepared model answer.

3 – Fencing Skills evaluation done through faculty staff committee using form prepared (appendix 4)

4- Emotional side evaluation done using trends scale prepared by the researcher (appendix 6)

Pilot Study aimed to test educational program usage (appendix 7,8), applied on sample of (20) students from research community other than main study sample, results were : appropriateness of educational program using multiple intelligences, availability of tools and suitable place for applying the research, validity and reliability of research tools.

Tuition place was unified for both groups in fencing hall.

Main study carried out in 2011/2012 second semester academic year on (08.03.2012) to
Pre- Measurements carried for both groups in basic variables, physical abilities, multiple intelligence list, Fencing cognitive test, skill evaluation form, Fencing trends scale in period from 12/02-03/04/2012

Post measurements conducted after program application for both groups in cognitive test, skill evaluation form, trends scale at the period from 20/5/2012 to 22/5/2012

Statistical work: Researcher used arithmetic mean, standard deviation, Pearson correlation coefficient, Cronbach’s alpha reliability coefficient, T test, multi linear regression.

Results and Discussion:
First hypothesis: There are significant differences between experimental and control groups in post measurement of cognitive achievement in favor of experimental group.

To validate the first hypothesis, researcher compared cognitive test average results between experimental group and control group in using T test.

<table>
<thead>
<tr>
<th>Aspect</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>I (Physical aspect)</td>
<td>2.15</td>
<td>0.371</td>
<td>1.83</td>
</tr>
<tr>
<td>II (Technical-skill aspect)</td>
<td>18.921</td>
<td>1.955</td>
<td>17.368</td>
</tr>
<tr>
<td>III (Tactical-planning aspect)</td>
<td>11.522</td>
<td>3.15</td>
<td>11.012</td>
</tr>
<tr>
<td>IV (Teaching – learning methods aspect)</td>
<td>21.315</td>
<td>4.132</td>
<td>19.832</td>
</tr>
<tr>
<td>V (Law aspect)</td>
<td>10.722</td>
<td>2.52</td>
<td>8.321</td>
</tr>
</tbody>
</table>

* Significant at 0.05 (T sign. = 2.011)

Table (12) reveals existence of statistically significant differences between experimental and control groups in all cognitive test aspects in favor of experimental group.

Fig (1) cognitive test post measurement for experimental and control groups

Table (13) Significance of differences between cognitive test pre and post measurement for experimental group

<table>
<thead>
<tr>
<th>Aspect</th>
<th>Pre measurement (n=25)</th>
<th>Post measurement (n=25)</th>
<th>T value</th>
<th>Improvement rate (%)</th>
</tr>
</thead>
</table>

50
Table (13) reveals existence of statistically significant differences between experimental groups pre and post measurements in all cognitive test aspects in favor of post measurement.

![Fig (2) cognitive test pre and post measurement for experimental groups](image)

Table (14) Significance of differences between cognitive test pre and post measurement for experimental group

<table>
<thead>
<tr>
<th>Aspect</th>
<th>Pre measurement (n=25)</th>
<th>Post measurement (n=25)</th>
<th>T value</th>
<th>Improvement rate (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td>I (Physical aspect)</td>
<td>1.793</td>
<td>0.382</td>
<td>2.15</td>
<td>0.371</td>
</tr>
<tr>
<td>II (Technical-skill aspect)</td>
<td>16.141</td>
<td>2.244</td>
<td>18.921</td>
<td>1.955</td>
</tr>
<tr>
<td>III (Tactical-planning aspect)</td>
<td>8.947</td>
<td>1.323</td>
<td>11.522</td>
<td>3.15</td>
</tr>
<tr>
<td>V (Law aspect)</td>
<td>8.722</td>
<td>1.401</td>
<td>10.722</td>
<td>2.52</td>
</tr>
</tbody>
</table>

* Significant at 0.05 (T sign. = 2.064)

Table (14) reveals existence of statistically significant differences between control groups pre and post measurements in cognitive test physical, technical and law aspects only.
Fig (3) cognitive test pre and post measurement for control groups

**Discussion of first hypothesis results**

The results of tables (12), (13), (14) and figures (1), (2), (3) reveal existence of statistically significant differences between experimental and control groups in cognitive achievement in post measurement in favor of experimental group.

Researchers return superiority of experimental group to usage of teaching strategies based on multiple intelligences theory as it helps to teach each student with what suit her intelligence pattern. Unlike the traditional method, which followed with control group, where student is only listener.

Researcher also return the difference to encouraging experimental group students to do some activities in light of multiple intelligences which were helpful in study fencing curriculum content, each lesson has variety of methods and learning styles suiting different intelligence patterns, making students more interested in fencing. This what was recommended by Joyce Mary Ksicinsky (2000) that teachers must consider teaching strategies that are suits learner intelligence.

This result also consistent with Anderson (1998) study, which targeted impact of multiple intelligences activities strategies, methods of improving memory to retain information and knowledge, its results indicated by increase in students’ marks, and also awareness of methods of remembering and awareness in different learning methods.

Researcher also return this superiority to different teaching strategies uses which represented in brainstorming, encourage learners to discover things themselves, motor concepts, imagination and perception, and this helped to provide curriculum knowledge and information in interesting and attractive manner, and helped to launch student mental abilities to its maximum.

In this regard, Kieran Egan (2003), and Ibrahim Abdullah (2005), Hassan Zaiton (2004) argue that these strategies accelerate learning process and characterized excitement, effective in thinking development, using these strategies is not related to particular time or place, help achieving effective learning.

Based on what mentioned above researcher can see that result of first hypothesis is consistent with results of Nashaat Mohammed (2010), Ahmed Farouk, Mohamed Hussein (2008), Manal Mohamed (2005 ), Mohammed Hamid (1991 ) Awad Bstawe (1990), which confirmed that application of multiple intelligences theory had a positive impact in classroom and give students positive trends about themselves and about their educational institutions, and had increased student incentive to achievement and success.

These results also proved that teaching using multiple intelligences strategies led to increase knowledge achievement, increase link between students and programs, behavior improvement, shorten times of tasks achievement, and motivate students to exert more effort and increase their pleasure when performing activities of multiple intelligences strategies, Thereby first hypothesis proved.
Second hypothesis: There are significant differences between experimental and control groups in post measurement of skill performance in favor of experimental group.

Researcher verified second hypothesis by calculating T test value for differences between experimental and control groups in skill test results.

Table (15) Differences significance between experimental and control group in skill test post measurement

<table>
<thead>
<tr>
<th>Aspect</th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Mean</td>
</tr>
<tr>
<td>Basic skills</td>
<td>2.15</td>
<td>0.371</td>
<td>1.83</td>
</tr>
<tr>
<td>Simple attack</td>
<td>18.921</td>
<td>1.955</td>
<td>17.368</td>
</tr>
<tr>
<td>Compound attack</td>
<td>11.522</td>
<td>3.15</td>
<td>11.012</td>
</tr>
<tr>
<td>Skills total</td>
<td>10.722</td>
<td>2.52</td>
<td>8.321</td>
</tr>
</tbody>
</table>

* Significant at 0.05 (T sign. = 2.011)

Table (15) reveals existence of statistically significant differences between both groups in skill test.

![Skill test post measurement for experimental and control groups](image)

Discussion of second hypothesis results

Table (15) and figure (4) results reveal existence of statistically significant differences between experimental and control groups in the skills performance level in favor of experimental group.

Researcher returns experimental group superiority to usage of varied teaching strategies based on multiple intelligences theory, which made planning of fencing practical lesson achieve balance in units presentation correspond to different intelligence patterns for each student, which made students more concerned to learn fencing.

Researcher also attribute this superiority to using multiple intelligence theory which made students more positive in classroom and more responsible in educational process and this was evidenced in keeping right performance of motor skills, they trained to correct errors as they arise, and this was also evidenced in increasing their marks.

Researcher also returns differences to varied teaching strategies used: brainstorming, encourage learners to discover things themselves, imagination and perception, motor concepts, musical memory activation, cooperative groups, which helped to take into account students’ individual differences and their intelligence patterns, while in control group which followed the traditional method, depends on explanation and teacher performance students were only listeners and imitators.

Leslie Owen Wilson (1998) recommended using multiple intelligences theory as it considered an effective and universal tool allowing diversity of educational plans and lead learners with
difficulty understanding to efficiently learn and independently.

Nader Ferjani (2001), Jolia Viens & Silja kalllenBach (2001) confirmed the importance of multiple intelligences theory for both teacher and learner and the possibility of applying it in all educational levels as it allow diversity of training and practices style cope with learners abilities, for learner theory is the way to discover his abilities and develop it in educational context, it also develops learner personal, social, vocational and cultural awareness and consciousness, Melanie Mitchell & Michael Kernodle (2004) study results reveal that using multiple intilegence is effective in teaching complex tennis skills.

In light of the above researcher can see that these results agreed with, Ahmed Farouk, Mahmoud Hussein (2008), Manal Mohamed (2005), Awad Bstawe (1990), study results which confirmed that the application of multiple intelligences theory has an positive impact in preparation of students to improve their skills performance and achieve effective learning, Thereby second hypothesis proved.

Third hypothesis: There are significant differences between experimental and control groups in post measurement of cognitive achievement in favor of experimental group. Researcher validated third hypothesis by calculating T test value for differences between experimental and control groups in skill test results.

Table (16) Differences significance between experimental and control group in trend scale post measurement

<table>
<thead>
<tr>
<th></th>
<th>Experimental (n=25)</th>
<th>Control (n=25)</th>
<th>T value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trends scale</td>
<td>Mean 67.113</td>
<td>Mean 54.133</td>
<td>4.244*</td>
</tr>
<tr>
<td></td>
<td>SD 5.125</td>
<td>SD 6.752</td>
<td></td>
</tr>
</tbody>
</table>

* Significant at 0.05 (T sign. = 2.011)

Table (16) reveals existence of statistically significant differences between both groups in trends scale.

Discussion of third hypothesis results

Table (15) and figure (5) results reveals existence of statistically significant differences between experimental and control groups in post measurement of emotional side in favor of experimental group.

Researcher return these differences to teaching strategies - used by experimental group- based on multiple intelligences theory that correspond to students individual differences and suit their different intelligence patterns, which led to social integration between students, And in turn raised group cohesion and give students the ability to perform with partner and at the same time note others performance.

Researcher also explain that by experimental group affection with teaching strategies to the degree that made each student is aware that her success reinforces and helps group success and achieving its objectives. This in turn helped to support cooperation spirit, encourage students during performance to discuss what they have learned and to exchange views and ideas among them, and helped to practice performance which is characterized by trust and leadership.
development

This is consistent with results of Nashaat Mohammed (2010), Mohammed Ibrahim and Randy Abdul Aziz (2007), Ahmed Nabih (2007), Wael Refai (2008) where all concluded that use of multiple intelligences theory had effective impact on improving the educational process, especially the emotional side.

This is confirmed by both Armstrong (2000), Kawsar Koujak(2001), Atef Abdel-Aziz (2003) where all argued that diversity in teaching strategies based on multiple intelligences theory has many benefits and positive educational implications in educational process i.e. self-confidence, ability to understanding and communication, accept different points of view, leadership, unifying the efforts of students according to unify their goals, ability to direct others to accomplish tasks while maintaining the positive relations between individuals, reduce fear and anxiety that accompanies learning process, Thus third hypothesis proved.

Fourth hypothesis:

There are significant differences between students’ intelligence patterns and learning outcomes in the fencing material

To validate this hypothesis researcher used multiple regression to determine the contribution of each type of multiple intelligences in cognitive test, skill test results and trends scale

Table (17) Multiple regression for multiple intelligences contribution in cognitive test  
(n=25)

<table>
<thead>
<tr>
<th>Prediction indicators</th>
<th>R</th>
<th>R²</th>
<th>Contribution %</th>
<th>Partial regression</th>
<th>T</th>
<th>F</th>
<th>Standard Error</th>
</tr>
</thead>
<tbody>
<tr>
<td>Linguistic intelligence</td>
<td>0.484</td>
<td>0.235</td>
<td>23.5</td>
<td>-0.544</td>
<td>2.698*</td>
<td>7.055*</td>
<td>9.491</td>
</tr>
<tr>
<td>Bodily/ Kinesthetic intelligence</td>
<td>0.611</td>
<td>0.373</td>
<td>13.8</td>
<td>0.299</td>
<td>2.204*</td>
<td>6.549*</td>
<td>8.784</td>
</tr>
<tr>
<td>Constant</td>
<td>111.277</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Significant at 0.05 level (t sig. = 2.011, F sig. = 4.30)

Previous table revealed that each of Linguistic intelligence, Bodily/ Kinesthetic intelligence contribute in cognitive test results with overall percentage of 37.3%, as T and F are statistically significant, so these two types are valid as predictor indicators for cognitive test.

Table (18) Multiple regression for multiple intelligences contribution in skill test  
(n=25)

<table>
<thead>
<tr>
<th>Prediction indicators</th>
<th>R</th>
<th>R²</th>
<th>Contribution %</th>
<th>Partial regression</th>
<th>T</th>
<th>F</th>
<th>Standard Error</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bodily/ Kinesthetic intelligence</td>
<td>0.564</td>
<td>0.318</td>
<td>31.8</td>
<td>-0.299</td>
<td>2.618*</td>
<td>10.705*</td>
<td>7.511</td>
</tr>
<tr>
<td>Visual/spatial intelligence</td>
<td>0.659</td>
<td>0.435</td>
<td>11.7</td>
<td>0.157</td>
<td>2.136*</td>
<td>4.563*</td>
<td>6.989</td>
</tr>
<tr>
<td>Constant</td>
<td>92.807</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Significant at 0.05 level (t sig. = 2.011, F sig. = 4.30)

Previous table revealed that each of Bodily/ Kinesthetic intelligence, Visual/spatial intelligence contribute in cognitive test results with overall percentage of 43.5%, as T and F are statistically significant, so these two types are valid as predictor indicators for skill test.

Table (19) Multiple regression for multiple intelligences contribution in trends scale  
(n=25)
Prediction indicators | $R$ | $R^2$ | Contribution | Partial regression | $T$ | $F$ | Standard Error |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Social intelligence</td>
<td>0.673</td>
<td>0.713</td>
<td>71.3%</td>
<td>-0.289</td>
<td>-2.932*</td>
<td>18.913*</td>
<td>12.123</td>
</tr>
<tr>
<td>Constant</td>
<td>87.578</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Significant at 0.05 level ($t$ sig. $= 2.011$, $F$ sig. $= 4.30$)

Previous table revealed that social intelligence, Visual/spatial intelligence contribute in cognitive test results with overall percentage of 71.3%, as $T$ and $F$ are statistically significant, so this type valid as predictor indicators for trends scale.

**Discussion of fourth hypothesis results**

Table (17), (18), (19) results reveal existence of statistically significant differences between students intelligence patterns and learning outcomes in the fencing curriculum.

Researcher return linguistic intelligence high contribution in cognitive test results to usage of brainstorming strategy that correspond to linguistic intelligence pattern, which is one method of group discussion, which encourages members of the group to generate the largest possible number of innovative, creative ideas and proposals during relatively short period.

Masry Hanorh (1995) argue that what distinguishes this strategy is its application simplicity, do not require much effort or cost, requires shortest possible period, and its concrete results help to free imagination and push mind to its maximum energy. Fathi Abdel-Rahman (2002) adds that it is a large room for creativity and train students to respect other views; give more options and alternatives of solutions, accelerate learning process; in addition; it is characterized by excitement and thrill in developing effective thinking.

Researcher attribute contribution of kinesthetic intelligence in cognitive test results to usage of motor concepts strategy which affected by more than one intelligence type due to students individual differences.

Armstrong (2000) argues that this strategy focuses on the expression of certain information in a non-traditional manner, where learner translates specific concepts studied whether linguistic or logical to motor expressions.

Researcher in the opinion that linguistic, kinesthetic intelligences are the most important in positive impact towards fencing subject and acquiring them its skills..

Researcher returns contribution of Bodily/Kinesthetic intelligence to using motor concepts strategy which allow using body parts in thinking, Gürel E, Tat M(2010) argue that people who are good in this intelligence type are able to learn and master sports skills easily, she also returns visual spatial pattern in skill test results to usage of imagination and perception strategy where Abdul Latif Khalifa (2000) confirmed the importance of introducing imagination and its development through educational practices because of its importance in thinking development in general and to facilitate learning process and achieve educational goals, in particular.

Kieran Egan (2003) confirmed that educational material that will be taught through imagination facilitates the learner to remember information and not just store them and also contribute to a learning effect.

Researcher returns social intelligence contribution in emotional side (trends scale result) to usage of cooperative groups strategy which is effective in classroom.

Mohammed Ziad Hamdan (1998) indicates that this participation depend on common objectives for learning and educational tasks, as well as the roles they adopt during their interaction to reach the desired goals.

The cooperative groups strategy have many educational benefits and side effects in educational process, which summed up by Kawser Koujak(1992), Atef Abdel-Aziz (2003) in the following: self-confidence, ability to understanding and communication, accept different points of view, leadership, elimination of learners isolation, dealing with others to accomplish tasks, reducing fear and anxiety.
In researcher opinion cooperative groups strategy is appropriate to social intelligence pattern, because it can be adapted to suit all learners.

These results also in consistent with Dalia Zakria (2010) results which revealed that Bodily/ Kinesthetic intelligence, social intelligence and Visual/spatial intelligence are important for sports activities which require medium contact with competitor.

Hence it is clear educational process is influenced by different types of intelligence due to student individual differences, their needs, interests, and si educational process is an integrated process to achieve the balance and the desired objectives.

Conclusions:

1- Teaching strategies based on multiple intelligences patterns applied on experimental group have positive effect on knowledge acquisition and skills performance and the emotional side of fencing curriculum

2- Linguistic and kinesthetic intelligence patterns contributed in fencing curriculum cognitive achievement

3- Kinesthetic and visual spatial intelligence patterns contributed in fencing skill performance

4- Social intelligence pattern contributed in emotional side of fencing skills.

Recommendations:

- Conducting studies using teaching strategies based on multiple intelligences in other subjects.
- Studying the impact of use multiple intelligences theory on learning outcomes in other subjects.
- Using skill performance test in assessing faculty students.

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